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Kids Lunch Boxes: 101 Tasty, Fresh, Fun And Healthy School Lunch Box Ideas And Recipes Your Kids Will Love To Eat!



Synopsis

Kids are constantly changing. They get taller, bigger, faster... and naturally, their food choices need to reflect this unique period of growth. What we feed our children can surely affect their health, wellness, and eating habits for years to come. But how do we do this? How do we create nutritious and delicious meals our kids will actually love to eat? It's not easy! These 101 savory and sweet recipe suggestions, offer everything a lunch box could need, gobble down treats, crunchy snacks and mouthwatering mains, all easy to store and transport to school, and full of goodness. They are also great fun to make while bonding with your kids! And all the while, they'll be learning healthy eating habits and enjoying eating creations they helped make with their own hands. So take back control of the playground lunch! Reclaim the morning rush! Give these delectable recipes a try! You'll be so glad you did.

Book Information

Paperback: 184 pages

Publisher: CreateSpace Independent Publishing Platform (November 4, 2013)

Language: English

ISBN-10: 1493675540

ISBN-13: 978-1493675548

Product Dimensions: 5 x 0.5 x 8 inches

Shipping Weight: 9.3 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars 6 customer reviews

Best Sellers Rank: #318,565 in Books (See Top 100 in Books) #205 in Books > Cookbooks, Food & Wine > Cooking Methods > Cooking for One or Two

Customer Reviews

There are some fun recipes in here. However, most are hot and my kiddo is not into eating hot food cold later.

No pictures!

It has a lot of great recipes.

Awesome book, the ideas are great, with brand new takes on lunch. My daughter loves the variety, there is something for everyone even picky eaters :) I even use the recipes for my husbands lunch :)

Love this book...so much variety and ideas I never imagined. Easy to make recipes are included and great step by step directions. So glad I found this book!!

This is a great collection of easy recipes for breakfast and lunches on the go. The recipes are kid friendly, but I like them to be able to grab and go on my way to work. The recipes are divided into savory or sweet and there is a good combination to choose from from each category to round out your meal planning.

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Kids Lunch Boxes: 101 Tasty, Fresh, Fun and Healthy School Lunch Box Ideas and Recipes Your Kids Will Love To Eat! Lunch Box Recipes: Light Up Your Kids' Faces And Take Lunch To The Next Level With 49 Satisfying And Nutritious Lunch Box Recipes That Take Minutes to Make The Lunch Box Cookbook: Over 50 Fun and Delicious Lunch Recipes to Fill Your Lunch Box Low Calorie & Fat: Healthy Breakfast Recipes! Discover New Healthy Breakfast Ideas. Healthy Muffin Recipes, Healthy Smoothies, Healthy Egg Recipes and ... Only! (Low Calorie & Fat Recipes Book 1) Healthy Recipes for Picky Eaters: Create Tasty Meals Your Kids Will Love to Eat Dump Dinners: 101 Easy, Delicious, and Healthy Meals Put Together in 30 Minutes or Less! (dump dinners, dump dinner recipes, crockpot recipes, dump ... recipes, healthy recipes, healthy cooking) Air Fryer Cookbook (Includes Paleo, Vegan, Pot, Clean Eating, Low-fat, Bake, Roast, Fry, Grill, Healthy, Delicious, Tasty, Easy, Simple Cooking, Greek): 300 Easy Recipes for Quick and Tasty Meals Instant Pot Cookbook Best Recipes: Healthy, Easy, Quickly, Tasty, Vegetarian, Paleo Recipes, Set & Forget Recipes. Power Pressure Cooker Recipes. Instapot recipes. Beating the Lunch Box Blues: Fresh Ideas for Lunches on the Go! (Rachael Ray Books) Healthy School Lunch: Recipes & Ideas for Vegetarian, Vegan, and Dairy-Free Kids and Teens (Best of VegKitchen) Instant Pot Cookbook: Top 550 Amazingly Tasty & Healthy Instant Pot Recipes for Your Healthy Family. (With Nutrition Facts) Including Delicious Weight Loss Recipes. Lunches for Kids: Halloween Ideas - Book One (School Lunch Ideas 3) The Ultimate Step-by-Step Kid's First Cookbook: Delicious recipe ideas for 5-12 year olds, from lunch boxes and picnics to quick and easy meals, teatime treats, desserts, drinks and party food Jello Shot Recipes: 55 Fun & Creative Jello Shot Recipes for your Party (Jello Shots, Jelly Shots, Party Recipes, Jungle Juice, Punch Recipes, Vodka Recipes, ... Rum Recipes, Cocktail Recipes, Wine Making) Eat Right! Burn Fat!: Miracle Benefits of Apple Cider Vinegar Diet with Healthy and Tasty Recipes, Rapid Loss Weights 30 Delicious Sweet Potato Recipes -œ Tasty and Healthy Sweet Potato Recipes (The Ultimate Sweet Potato Cookbook Including Recipes

For Sweet Potato Soup, ... Salad, Sweet Potato Souffle and More 1) E-Juice Recipes: Shake and Vape E-Liquid Recipes For Your Electronic Cigarette, E-Hookah G-Pen: Quick and tasty E-liquid recipes that you can enjoy today. ... E-liquid recipes for DIY E-juicers. Book 3) KETOGENIC DIET VEGETARIAN: 120 BEST KETOGENIC VEGETARIAN RECIPES (weight loss, ketogenic cookbook, vegetarian, keto, healthy living, healthy recipes, ketogenic diet, breakfast, lunch, dinner, vegan) Cooking for One Cookbook for Beginners: The Ultimate Recipe Cookbook for Cooking for One! (Recipes, Dinner, Breakfast, Lunch, Easy Recipes, Healthy, Quick Cooking, Cooking, healthy snacks, deserts) Creating Wooden Boxes on the Scroll Saw: Patterns and Instructions for Jewelry, Music, and Other Keepsake Boxes (The Best of Scroll Saw Woodworking & Crafts)

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